



Thursday, October 13th was the highly anticipated first meeting of ABF Homestead and ABF Hialeah for a Showcase presented by Diamond Prospect Media. During the showcase the players were able to show their skills and have professional photos taken. It was also the first time The Bandits and The Cowboys saw each other on the field. According to the players, the experience itself was super fun and ABF homestead team is looking forward to playing ABF Hialeah team again. Senior, Anthony Hernandez said, "the highlight of it all, was just knowing all our ABF teams and players were competing at a high level and playing as best as they possibly." Although both teams represent ABF Academy, it is safe to say, a little competition is always fun.



Bandits, Carlos Nunez, and Cowboys, Brian Perez, shake hands before a friendly scrimmage.

### **BOYS TO MEN**

BY Kamari Killebrew, 11th grade

What separates a man from a boy? This is a discussion I had with my dad, Lavelle Killebrew, his opinion was that depending on how you grew up is what separates a man from a boy. He said, "Because you have some grown men that act like little boys. Then you have young boys that had no choice but to become men due to their circumstances." I believe that what separates the two is the way that handles situations. You have certain responsibilities as a man. For example, a man will admit



when they are wrong. A man will be secure with himself. A man knows how to fall and get back up when the going gets tough. My dad had to become a man at the young age of 12. He had to grow up and be responsible in order support himself.

This year at ABF, the Juniors and Seniors at ABF are taking a step in the right direction. The boys started an Etiquette class with Ms. Terri. The class is teaching the boys in my generation to learn from the mistakes of their older generations. The students are being taught to use good manners, positive thinking and how to show compassion, and love without it being deemed unmasculine. Personally, I think it is a step in the right direction.

Coach Manny Crespo takes the time to mentor his players.

# **HISPANIC HERITAGE**

#### BY Carlos Hernandez-Gonzalez, 11th Grade

En primer lugar, la pregunta que todos tenemos..."¿Qué es la herencia hispana?"...porque la herencia hispana no es más que países con una gran variedad de culturas y costumbres diferentes... "¿Qué es un hispano?". ..bueno no es más que una gran variedad de personas que se comunican a través de una cultura y tradiciones similares donde el idioma por defecto es el español.

#### "¿Qué significa para mí ser hispano"?

Pues ser hispano es de mucho orgullo ya que nuestra herencia hispana representa las tradiciones, costumbres, características, sentimientos transmitidos a través de la convivencia con familiares, amigos y conocidos establecidos y heredados a través de generaciones. En estas convivencias se comparten una gran variedad de aprendizajes y demostraciones que forman parte de la formación social, moral y espiritual de los integrantes de la cultura, así como la educación y la enseñanza de cada uno de los países en que viven o viven. vivido, ser hispano nos hace diferentes e independientes.

Students in Ms. T. Leyva's class researched and presented a famous Hispanic figure.







Eithan Santiago



Yeraldo Fernandez



Neithan Santiago



Carlos De La Vega



Nelson Rodriguez



Jackeline Roque-Perdomo



Alejandro De La Vega

Students in the elementary celebrated Hispanic Heritage.The students represented by wearing clothes that represents their culture and celebrated with food samples from various Hispanic countries.



Ms. Jenny and Alayna celebrating in the classroom.



Ariana and Lily proud to be representing Cuba.

#### **ABF** Academy

#### Issue: October 2022

### WHAT IT MEANS TO BE DRUG FREE?



Students in the High School kicked off Red Ribbon Week by wearing red.

To me, Tiffany Bringas, what it means to be drug-free is the overall good effects on my health. Being drug-free can improve my lifestyle and my confidence. For Example, it improves your memory and your focus, while reducing the risk of having a heart attack or getting cancer. Being drug-free allows me to be alert and conscious of my decisions. Being drug-free is good for my self- esteem and mental health.

Being drug free is very important to me, Anthony Hernandez, as a young adult, and as an athlete. Being drug free means a lot of things to me. It means being a better version of myself. It means being able to focus on my sport without any distractions. Being drug free means being healthier mentally and physically. I am drug free and for a better life, you should be too.

It's important to me, Emma Rodriguez, to be drug free because if you are drug free you will live a longer and healthier life. When people are drug free they tend to be better financially, because they are not spending tons of money on drugs, as well as people's mental health is better off of drugs then on drugs. Drug addicts prioritize drugs over their body and health. They also tend to slowly distance themselves from family, so not only does it affect them but also the people around them that care. Drugs can cause many health problems such as risk of heart attacks, strokes, seizures, heart failure..etc.





#### Issue: October 2022

#### ABF Academy

## TRUNK-OR-TREAT

By: Emma Rodriguez, 11th grade, and Brianna Cuellar, 10th grade

This year ABF hosted their first ever Trunk-or-Treat on halloween. The parents, staff member, and some of the Juniors and Seniors decorated their cars with different themes. The high school girls got very creative coming up and making the designs for Ms. Daisy, including making Dalmations and our their own costumes as 101 administrative assistant Ms.Daisy was Cruella de vil. Ms. Daisy said, "It was so much fun to be a part of such a fun event. I especially enjoyed having the girls help me." All the student's at ABF got to dress up, trick-or-treat, dance, and even enjoyed some fun games. Overall, it was a super successful event and we cannot wait to do it again next year.



















